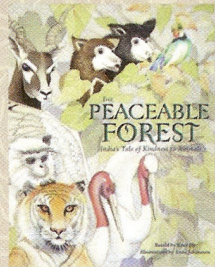
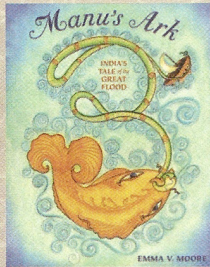


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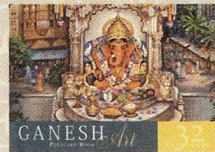
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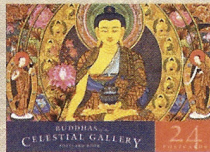
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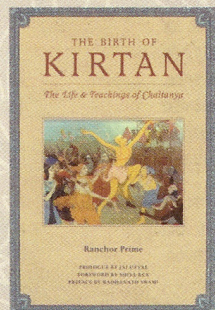
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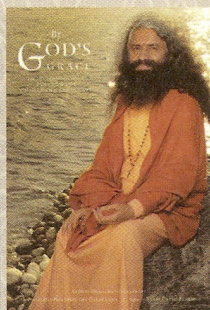
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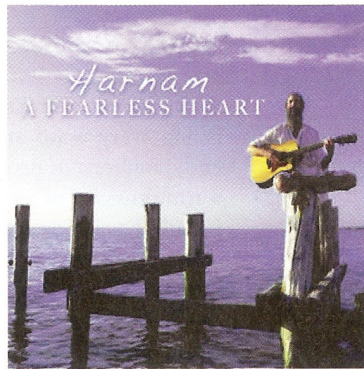
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A FEARLESS HEART /CD

BY HARNAM SINGH  
Spirit Voyage Records

As a yogi, artist, and musician, Harnam Singh has been a well-known presence on the devotional music scene for many years. On his new CD, *A Fearless Heart*, he performs with fellow Kundalini teacher Ramdesh Kaur. The two have been promoting the album on their Whole Heart Tour across the country.

One of the first things apparent about this album is the superior production value. As a fellow musician and producer, I know that a great amount of skill must go into the many layers of vocal tracks. Ringing out power and confidence, Singh's rich 12-string guitar is featured up front as well as on all the tracks. His mastery of vocal accomplishment is particularly clear on the chant, *Guru Ram Das*.

Many will enjoy Singh's capable rendition of the Kundalini anthem *Long Time Sun*, but I prefer the beautiful slide guitar solo in the progressive *Ong Namoh*.

If only it were possible to conjure up a duet with Eddie Vedder, Singh's earthy guitar and lower register vocals are often reminiscent of Eddie Vedder.

This latest release will be a wonderful and inspiring addition to your library of meditation and devotional music.

Reviewed by **McKenna Rowe**, a DJ, yoga teacher, and founder of Chakra 5 Yoga which provides mobile yoga classes on location and by appointment to students all over Los Angeles. *Chakra5.la*



YATRA /CD

BY DAVE STRINGER & SPRING GROOVE  
Mantrology/Equal Vision Records

In Sanskrit, *Yatra* means pilgrimage or journey. On their new album *Yatra*, Dave Stringer and Spring Groove have recorded their take on Sanskrit mantras that highlight the many aspects of a seeker's journey.

For example, the meaning of the mantra / song *Shivaya Namah Om* is "Every ending is a new beginning." This concept is supported by Stringer and Groove's delicate male and female harmonies and multiple key modulations that build tension and release – all honoring the constant dance of masculine and feminine energies – finally landing softly in one final release.

Like *Shivaya*, the eight mantras chosen for this album contain pearls of ancient wisdom that hold great meaning today. Take *Ganapati Om / Ganesh Gayatri*. It states, "The way through the obstacle is hidden in the obstacle;" or *Jay Jay Ma / Jayanti*: "Bring up that within you... it will set you free. If you do not bring that up, it will destroy you." The exploration of freedom and happiness is illustrated in Stringer and Groove's unique folk-like take on *Lokah Samastah / Universal Prayer*.

Lyrical and vibrational messages on the album are accented by the aforementioned lovely male / female vocal interactions: call and response, alternating verses, and soaring harmonies all held up by a soothing collection of instruments - tabla, strings, acoustic guitar, trumpet, harmonium, and hammered dulcimer.

Reviewed by **Joe Kara**, who loves his double life working in music and teaching Yoga in Hollywood and the Valley. And he plays bass. Facebook/ Twitter. *JJKara*