

## **Are You Here? (Sutra 26)**

There's a space in the heart where everything meets  
Come here, if you want to find me!  
The scent of a blossom is so sweet  
Come here, if you want to find me!

Are you here? Are you here?  
Are you here? Are you here?

Dancing fingers on vibrating strings  
Come here, if you want to find me!  
Answering the call, let every bell ring  
Come here, if you want to find me!

Are you here? Are you here?  
Are you here? Are you here?

Give yourself to it, Give yourself to it  
Give yourself

Mind, senses, soul, eternity  
Mind, senses, soul, eternity  
Are you here? Are you here?  
Are you here? Are you here?

*hridayam akasha ni-li-na-akshah  
padma samputa madhyagah*

There's a space in the heart where everything meets  
Come here, if you want to find me!

## Dancing Ground (Sutra 80)

Sukhe Duhkhe Madhye

That space is bad  
This space is good  
That space is bad  
This space is good  
The ride is rough  
Or the going is smooth  
The ride is rough  
Or the going is smooth

We are thrown into suffering  
We are thrown into joy

Beloved soul mate,  
find the space in the center  
The shimmering spaciousness  
encompassing all opposites

The center is the dancing ground  
The center is the dancing ground  
Dancing ground

Sukhe Duhkhe Madhye

That space is sad  
This space is sweet  
That space is sad  
This space is sweet  
The ride is fast  
Or the going is slow  
The ride is fast  
Or the going is slow

We are thrown into suffering  
We are thrown into joy

Here the essences of creation are at play:  
Earth, water, fire, air and space  
And the senses that perceive them  
Earth, water, fire, air and space

*Na chittam nikshipet duhkhe  
Na sukhe va parikshipet  
Bhairavi jnayatam madhye  
Kim tattvam avashishyate*

## **Flooded With Joy (Sutra 100)**

Flooded with joy, flooded with joy.

All this talk of purity and impurity —  
These are just opinions. Beyond them  
Are the astonishing energies of creation.

Rays of light from a trillion suns  
Illumine the altar of your sky.  
Rolling blue-green oceans  
The air you breathe, sanctify, sanctify.

In this moment, you are inhaling their blessing.  
Who are you to call any of this pure or impure?  
Astonishing are the energies of creation  
In this moment, you inhale their blessing.

Flooded with joy, flooded with joy.

*kinchit jnaih yaa smritaa shuddhah  
saa shuddhah shambhu-darshane  
na suchir hi a-shuchih tasmaat  
nir-vi-kalpah sukhee bhavet*

## Go There (Sutra 18)

Immerse yourself  
In the rapture of music  
You know what you love  
Go there  
Erase yourself  
In the rapture of music  
You know what you love  
Go there

You know what you love  
You know what you love  
Go there

Embrace yourself  
In the rapture of movement  
You know what you love  
Go there  
Release yourself  
In the rapture of movement  
You know what you love  
Go there

You know what you love  
You know what you love  
Go there

Every note rising up from silence  
Every voice dissolving again  
Every step evolving from stillness  
Every chord resolving again

Vibrating strings draw us into  
The spacious resonance of the heart  
The body becomes as light as the sky  
Singing our existence

*Tantri adi vadya shabdesu  
Dirghesu krama samsthiteh  
Ananya chetah pratyante  
Para vyoma vapuh bhavet*

## **Roar (Sutra 16)**

The roar of joy that sets the worlds in motion  
Reverberating  
In your body

Beloved, listen...  
Beloved, listen...

*Pranava aadi sam-ud-chaaraat  
Pluta-ante shoonya-bhaavanaat  
Shoonyayaa parayaa shaktyaa  
Shoonyataam eti bhairavi*

Calling you home  
Calling you home

## **Skin** (Sutra 25)

Attend to the skin, an illusory boundary  
Nothing inside is solid, nothing outside is solid  
A person is a cloud, electrons gathered  
We are particles, when we are happy

There is no inside, there is no outside  
There is no other, no object to meditate upon

Enter that shimmering, pulsing, vastness  
Discover that you are not separate  
From anything here  
From anything there

Attend to the mind, an illusory boundary  
Nothing inside is solid, nothing outside is solid  
Intelligence is a cloud, electrons gathered  
We are particles, when we are happy

There is no inside, there is no outside  
There is no other, no object to meditate upon  
There is no future, there is no past  
There is no present, and no time to meditate upon

*deha-antare tvak-vibhaagam  
bhittibhootam vi-chintayet  
na kinchit antare tasya  
dhyaaayan na dhyeya-bhaaj bhavet*

There is nothing that is not you.  
There is nothing that is not you.

Attend to the heart, where is the boundary?  
Nothing inside is solid, nothing outside is solid  
Love is a cloud, electrons gathered  
We are particles, when we are happy

## **So Good (Sutra 49)**

Tasting dark chocolate,  
A ripe apricot,  
A luscious Shiraz  
Your favorite elixir –  
Savor the expanding joy in your body.  
Nature is offering herself to you.

How astonishing  
How astonishing  
How astonishing  
This world can taste so good.  
So good.

Raise your glass,  
Close your eyes,  
Toast the universe.

The Sun and Moon and Earth danced together  
To bring you this delight.  
Receive the nectar on your tongue  
As a kiss of the divine.

*jagdhi-paana krita-ullaasa  
rasa-aananda vi-jrimbhanaat  
bhaavayet bharitaa-avasthaam  
mahaa-aanandah tatah bhavet*

## **That Kiss** (Sutra 47)

Adorable one  
When by myself, flooded with delight  
Simply in the memory...

Of that kiss, that kiss

That lick  
That particular pressure  
That taste of nectar, and caress

And that kiss, that kiss

Melting, mingling, merging, swelling  
Inundated by divine sensations,  
And perhaps, a sense of impending ruin

But I'm willing to go down with that ship  
Take me down with that ship

*lehanaa manthanaa aakotaih  
stree-sukhasya bharaat smrite-eh  
shaktyabhaave api deveshi  
bhavet a-ananda-samplavah*

Adorable one:  
When by oneself, flooded with delight  
Simply in the memory of that kiss...  
That lick, that taste of nectar,  
That caress, embrace, that particular pressure  
This is the inner ritual, this is the inner ritual,  
Here is the inner ritual

Adorable one  
Embrace this storm, know it as your own  
This ocean of bliss is you

And I'm willing to go down with your ship  
Take me down with that ship  
Take me down with that bliss  
Take me down with that kiss

## Who Am I? (Sutras 63 & 64)

Dreaming, sleeping, waking  
Rhythms of dark and light  
Day and night time wondering  
Who am I? Who am I?

Secrets are hidden in darkness  
And difficult nights  
Awaken into aloneness  
Howling for the light

This is the call of the dark one  
The soul seeking its source  
The union that you long for  
Is within reach

Dreaming, sleeping, waking  
Rhythms of dark and light  
Day and night time wondering  
Who am I? Who am I?

Throw off hesitation  
Becoming one with fear  
Plunge into the blackness  
Eyes wide open, clear

This is the call of the dark one  
The soul seeking its source  
The union that you long for  
Is within reach

*Evam eva durni-shyam  
Krishna paksha-game chiram*

Dreaming, sleeping, waking  
Rhythms of dark and light  
Day and night time wondering  
Who am I? Who am I?

## **Wildly Devoted (Sutra 98 )**

*bhakti—udrekaat viraktasya  
yaadrishee jaayate matih  
saa shakti shaankaree nityam  
bhaavayet taam tatah shivah*

Be wildly devoted to someone, or something.  
Cherish every perception.  
At the same time, forget about control.  
Allow the Beloved to be itself and to change.

Passion and compassion, holding and letting go,  
This ache in your heart is holy.

Devotion is the Divine streaming through you  
From that place in you before time.  
Love flows through your body, toward a body,  
and into eternity again.