

Kirtan Flight School *with* Dave Stringer + Brenda McMorrow and Bhajan Simon Krauer & Veetkam Strickler Schloss Glarisegg, Lake Constance, Steckborn CH

Level One:

8 PM, 23 June, 2016 -
1 PM 26 June, 2016

Level Two:

8 PM, 25 June, 2016 -
1 PM 29 June, 2016

Participants are welcome
to register for both levels

*"If you can't teach me to fly, then
teach me to sing"*
--- from *Peter Pan* by Sir James Barrie



When you participate in a Kirtan, the call and response form of mantra chanting, you're not just listening to the music: **you are the music**. As the audience for Kirtan continues to expand, many people are becoming inspired to participate in Kirtan groups, or introduce chanting to their yoga classes. If you are one of those people, this workshop is for you.

At the **Kirtan Flight School**, you have the opportunity to **explore and redefine** the edges of what music can be when the crowd is itself an instrument. Both experienced musicians and those rediscovering their own musical selves will walk away with a working body of knowledge about how to move a crowd to participate, and how to employ different musical devices in order to deepen everyone's experience. No previous musical experience is necessary.

What to Expect:

Level One:

Participants are organized into **small ensembles**. Each ensemble chooses a chant, rehearses it together, and presents a Kirtan to the rest of the groups. The **instructors rotate** through the groups, working closely with the participants to develop rhythmic and harmonic concepts, solve problems, and answer questions. The history and philosophy of Kirtan are also intensively explored, so participants learn how to present and discuss the mantras.

Instruction will be offered in playing the harmonium and finger cymbals, and a limited number of these instruments will be on hand for use by all. Participants are also encouraged to bring their own musical instruments with them, but it is understood that the most important instruments are **human voices and hands**. No previous musical experience is necessary.

Level Two:

If you have completed a previous flight school, are actively involved in leading or supporting a Kirtan group, or play music in ensembles on a regular basis, you are ready for the advanced level! The focus will be on **improvisation and performance skills**, advanced drumming techniques, harmonium methods, and **arrangement concepts, and writing original compositions**. Participants will be encouraged and supported to write new Kirtans and lead them with a group. Concepts in both Western and Eastern music theory will also be examined.

Saturday night, 25th of June, Dave, Brenda & Band will play a concert open to the public.
Kirtan enthusiasts from everywhere will be welcome to join

What is Kirtan?

The **call and response form** of mantra chanting known as Kirtan is a consciousness-transforming practice, directing the singers to vanish into the song as drops merge into the ocean. Participants in Kirtans often experience a profound sense of unity, well-being and timelessness. The form is simple: a lead group calls out the melodies. The crowd responds, clapping and dancing as the rhythm builds and accelerates. The mantras quiet the mind, and the music frees the heart. **Ecstasy is both the process and the product.**

Flight School Video: <http://www.youtube.com/watch?v=tpPCfMCePkc&feature=youtu.be&hd=1>

Proposed Workshop Flight Plan Level One:

Thursday, 23 June

17:00 Check-in
18:30 – 19:30 pm Dinner
20:00 – 22:30 pm Evening Session
 Opening Kirtan circle
 Introduction to history and philosophy of Kirtan

Friday, 24 June

8:00 – 9:30 Yoga, Tea, Breakfast
10:00 – 13:00 Morning Session
 Chant with large group
 Percussion Workshop: Kaherwa, Bhajani and Kartals
13:00 – 14:00 Lunch
15:00 – 18:00 Afternoon Session
 Instructors work intensively with small groups.
18:30 – 19:30 Dinner
20:00 – 22:30 Evening Session
 Small group performances

Saturday, 25 June

8:00 – 9:30 Yoga, Tea, Breakfast
10:00 – 13:00 Morning Session
 Chant with large group
 Harmonium, Chant arrangement and Vocal Workshops
13:00 – 14:00 Lunch
15:00 – 18:00 Afternoon Session
 Instructors work intensively with small groups.
18:30 – 19:30 Dinner
20:00 – 23:00 Evening Session
 Open concert with Dave & Band

Sunday, 26 June

8:00 – 9:30 Yoga, Tea, Breakfast
10:00 – 13:00 Morning Session
 Small group performances
 Learn Bhajan
 Closing Circle
13:00 – 14:00 Lunch

Proposed Workshop Flight Plan Level Two:

Saturday, 25 June

18:30 – 19:30 Dinner
20:00 – 23:00 Evening Session
 Concert with Dave, Brenda & Band open to the public

Sunday, 26 June

8:00 – 9:30 Yoga, Tea, Breakfast

10:00 – 13:00 Morning Session
Observe Level One small group performances
Learn Bhajan
13:00 – 14:00 Lunch
15:00 – 18:00 Afternoon Session
Opening circle / Chant with large group
Composition workshop
18:30 – 19:30 Dinner
20:00 – 23:00 Evening Session
Improvisation session - participants write chants

Monday, 27 June

8:00 – 9:30 Yoga, Tea, Breakfast
10:00 – 13:00 Morning Session
Chant with large group
Advanced arrangement, harmonium and percussion techniques
13:00 – 14:00 Lunch
15:00 – 18:00 Afternoon Session
Instructors work intensively with small groups on original compositions
18:30 – 19:30 Dinner
20:00 – 23:00 Evening Session
Small group performances

Tuesday, 28 June

8:00 – 9:30 Yoga, Tea, Breakfast
10:00 – 13:00 Morning Session
Chant with large group
Workshop on Eastern and Western music theory
13:00 – 14:00 Lunch
15:00 – 18:00 Afternoon Session
Instructors work intensively with small groups on original compositions
18:30 – 19:30 Dinner
20:00 – 23:00 Evening Session
Small group performances

Wednesday, 29 June

8:00 – 9:30 Yoga, Tea, Breakfast
10:00 – 13:00 Morning Session
Chant with large group - Learn Bhajan - Closing Circle
13:00 – 14:00 Lunch

Level One Flight School workshop fee: 420 CHF / 350 EUR

Level Two Flight School workshop fee: 540 CHF / 450 EUR

Level One & Two Flight School workshop fee: 900 CHF / 750 EUR

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Accommodation & Organic Vegetarian meals - please contact Schloss Glarisegg directly

Schloss Glarisegg, CH - 8266 Steckborn, +41 - (0)52-770 21 88 <mailto:info@schloss-glarisegg.ch>

Pricelist for Room & Food:

***Level One:** <http://www.feel-the-beat.net/wp-content/uploads/2015/10/Pricelist-Glarisegg-23.-26.6.2016-Flight-School-Level-I1.pdf>*

***Level Two:** <http://www.feel-the-beat.net/wp-content/uploads/2015/10/Pricelist-Glarisegg-25.-29.6.2016-Flight-School-Level-II.pdf>*

***Level One & Two:** <http://www.feel-the-beat.net/wp-content/uploads/2015/10/Pricelist-Glarisegg-23.-29.6.2016-Flight-School-Level-I-II.pdf>*

***Website:** <http://www.schloss-glarisegg.ch>*

***Dave Stringer's Website:** <http://www.davestringer.com>*

***Dave's Facebook:** <https://www.facebook.com/davestringermusic>*

***Brenda McMorrow's Webpage:** <http://brendamcmorrow.com>*

***Brenda's Facebook:** <https://www.facebook.com/brendamcmorrowkirtan/>*